### Clinical Considerations for Evaluation and Treatment of Safety and Judgment for Individuals with Parkinson’s Disease

#### Problems and Solutions Activity

<table>
<thead>
<tr>
<th></th>
<th>Problem</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute Care</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inpatient Rehabilitation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outpatient Rehabilitation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Home Health</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Skilled Nursing Facility</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Private Practice</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
CoxHealth Informal Standardized Assessment Questions

1. What would you do if your friend or spouse collapsed onto the floor and would not respond to you at all?

2. If you cut your finger and it was bleeding heavily, what would you do?

3. If you mixed up your medication and were unsure about which ones to take, what would you do?

4. Never reach for an electric appliance with ___ hands.

5. Where do you put your important phone numbers?

6. If there was a tornado warning and the sirens went off, what would you do?

7. If someone knocked on the door at night and you were alone what would you do?

8. What would you do if you discovered a grease fire on your stove?

9. If the electricity went out in the house, could you locate a flashlight or candle in your home? Where?

10. What if you woke up and smelled smoke or your smoke alarm was going off?

Create 3 of your own Safety/Judgement Questions

1.

2.

3.
Recommendations for Evaluating Safety and Judgement

1. Reflect
   a. Encourage your patient and their family member(s) to reflect on possible concerns they may have regarding safety and judgment.

2. Identify
   a. Make a list of identified concerns of patient and/or their family member(s)
   b. If the patient or family does not have concerns, consider going over a review of systems in relation to level of independence, conduct an assessment (informal or formal), and/or ask questions poinent questions such as “do you have safety or judgement concerns with management medications?” etc.,

3. Goals or Plan
   a. Ask the patient or their family member(s) if they have a goal or a plan for these concerns?
      i. Example. A family member may have the goal for the physician to recommend the patient to stop driving.

4. Barriers
   a. Discuss with the patient or their family member(s) barriers they see in meeting their goals or plan.

5. Clinician Reflection
   a. Are these goals something that can be solved by you or multidisciplinary care?
   b. Does the goal require a compensatory strategy?
   c. Is the goal appropriate or achievable?
   d. Does the patient require assistance from their family member(s) to achieve the goal? Who will be involved in meeting the goals (patient, family member(s), care provider, etc.)?

6. Create Goals
   a. SMART goals
   b. Get creative and get functional
   c. Consider reporting source

7. Implementation of Skilled Services
   a. Multidisciplinary that involves open collaboration!
   b. Sell your services! “I am confident that if I am able to try this approach in therapy, we will ultimately meet your concerns of ____.”
Recommended Resources


